

Throop: Love. Compassion. Justice.

We are a welcoming community, loving the world from the heart of Pasadena through compassion and justice for ourselves, our neighbors, and our planet.

“A House of Friendships”

Rev. Dr. Tera Landers (She/Her)

-Senior Minister

Jessica Ferstand (She/Her)

- Office Manager & Events

Malcolm Hawkes (They/He)

-Musician-in-Residence

Faith Nagel (She/Her)

-Children's Program Coordinator

Prelude

Let This Be a House of Peace

Malcolm Hawkes

GATHERING

Welcome

Spencer Kramber, Worship Associate

Chalice Lighting

Aarav Arikara

Welcome Hymn

Come, Sing a Song With Me #346

Malcolm Hawkes + Choir

Welcoming Each Other

CONNECTING

Promise to Our Planet

Spencer Kramber, Worship Associate

As members of the family of living beings on earth,
we are guided by the Unitarian Universalist principle of
“respect for the interdependent web of all existence,
of which we are a part.”

With hearts filled with love for it,
eyes nurtured by its beauty,
and minds ruminating on ways to protect
Earth's sacred and abundant gifts,
we promise to nurture the wellbeing of all life,
and of the planet itself.

**Wisdom from Our
UU Tradition**

This House #444 **Spencer Kramber, Worship Associate**
-Kenneth Patton

Lesson for All Ages

Rev. Rebecca Benefiel Bijur

Singing Children and Program Leader to Kids Dig In!

*For you shall go out in joy (2x)
And come back in peace (2x)
Blessed be.*

Pondering

All About Love
-Bell Hooks

Rev. Rebecca Benefiel Bijur

Musical Interlude

When I Am Frightened

#1012

GRATITUDE

Offering

You may give online at <https://onrealm.org/throopuupasadena/give/now>, or Text "THROOPGIVE" to 73256 to give using your mobile device. For gifts of cash, please use the envelope in the pew if you wish to note your name. Thank you for your generous support.

Offertory

Here We Have Gathered #360

Malcolm Hawkes

Gratitude for the Gifts We Share

Spencer Kramber, Worship Associate

With gratitude for the ministries of the church
that hold us and embolden us to love the world,
we bless our offering and the many gifts we share.

RECEIVING

Centering Hymn

This Old World

#315

Pastoral Prayer and Shared Stillness

Rev. Rebecca Benefiel Bijur

Musical Reflection

Count on Me
-Bruno Mars

Malcolm Hawkes

Our Life Together

A House of Friendships

Rev. Rebecca Benefiel Bijur

Closing Hymn

Though I May Speak With Bravest Fire #34

Malcolm Hawkes + Choir

Benediction

Rev. Rebecca Benefiel Bijur

Postlude

The Gathering of Spirits
-Carrie Newcomer

Malcolm Hawkes

Thank you to our Sunday Volunteers

Greeter/Usher: Teresa Bailey

Livestream: Ripley Ryan

Coffee and Conversation Host: Tom Rosenstein

Kids Dig In: Jac Cosgrove

Throop Choir: Mari Arai, Aarav Arikara, Teresa Bailey, Season Blake, Jaclyn Cosgrove, Cathy Fabre, Dre Helmns, Erin Herndon, Spencer Kramber, Astraia Miles, Tamy Parra, George Patton, Jean Prinz, Matthew Reed, Ripley Ryan, Taran Sindeband

For weekly e-updates on activities, sign up on our "Stay in Touch" QR code (in the rear of the Sanctuary), or on our website at www.throopuupasadena.org.

Monthly Worship Theme:
Abundant Harvests



THROOP
UNITARIAN UNIVERSALIST

July 19, 2026

Unitarian Universalist Principles and Purposes

