

Throop: Love. Compassion. Justice.

We are a welcoming community, loving the world from the heart of Pasadena through compassion and justice for ourselves, our neighbors, and our planet.

“Boundary-Work: The Balancing Act of Becoming”

Rev. Dr. Tera Landers (She/Her)

-Senior Minister

Jessica Ferstand (She/Her)

- Office Manager & Events

Malcolm Hawkes (They/He)

-Musician-in-Residence

Faith Nagel (She/Her)

-Children’s Program Coordinator

Prelude

If You Got a Problem

-Joy Oladokun

Malcolm Hawkes

GATHERING

Welcome

Taran Sindeband, Worship Associate

Chalice Lighting

Rachel Ryan

Welcome Hymn

One Foot/Lead With Love

-Melanie DaMore

Malcolm Hawkes + Choir

Join Us in the Refrain

"You gotta put one foot in front of the other

And lead with love

Put one foot in front of the other

And lead with love"

Welcoming Each Other

CONNECTING

Promise to Our Planet

Taran Sindeband, Worship Associate

As members of the family of living beings on earth,
we are guided by the Unitarian Universalist principle of
“respect for the interdependent web of all existence,
of which we are a part.”

With hearts filled with love for it,
eyes nurtured by its beauty,
and minds ruminating on ways to protect
Earth’s sacred and abundant gifts,
we promise to nurture the wellbeing of all life,
and of the planet itself.

**Wisdom from Our
UU Tradition**

By Michelle Collins **Taran Sindeband, Worship Associate**

Singing Children and Program Leader to Kids Dig In!

For you shall go out in joy (2x)

And come back in peace (2x)

Blessed be.

Musical Interlude

The Wind of Change Forever Blown

#183

GRATITUDE

Offering

Taran Sindeband

You may give online at <https://onrealm.org/throopuupasadena/give/now>, or Text "THROOPGIVE" to 73256 to give using your mobile device. For gifts of cash, please use the envelope in the pew if you wish to note your name. Thank you for your generous support.

Offertory

Busca el Amor #1004

Malcolm Hawkes

Gratitude for the Gifts We Share

Taran Sindeband, Worship Associate

With gratitude for the ministries of the church
that hold us and embolden us to love the world,
we bless our offering and the many gifts we share.

RECEIVING

Centering Hymn

When Will the Fighting Cease #1025

Malcolm Hawkes + Choir

Pastoral Prayer and Shared Stillness

Rev. Dr. Megan Visser

Musical Reflection

Profetiza, Pueblo Mio #1016

Malcolm Hawkes + Choir

Our Life Together

Boundary-Work: The Balancing Act of Becoming

Rev. Dr. Megan Visser

Closing Hymn

The Fire of Commitment #1028

Malcolm Hawkes + Choir

Benediction

Rev. Dr. Megan Visser

Postlude

Building a New Way

Malcolm Hawkes

Thank you to our Sunday Volunteers

Greeter/Usher: Shawn Sweeney

Livestream:

Coffee and Conversation Host: Tom Rosenstein

Kids Dig In:

Throop Choir: Mari Arai, Aarav Arikara, Teresa Bailey, Season Blake, Jaclyn Cosgrove, Cathy Fabre, Dre Helmns, Erin Herndon, Spencer Kramber, Astraia Miles, Tamy Parra, George Patton, Jean Prinz, Matthew Reed, Ripley Ryan, Taran Sindeband

For weekly e-updates on activities, sign up on our "Stay in Touch" QR code (in the rear of the Sanctuary), or on our website at www.throopuupasadena.org.

Monthly Worship Theme:
Abundant Harvests



THROOP
UNITARIAN UNIVERSALIST

July 26, 2026

Unitarian Universalist Principles and Purposes

